

2024 OCTOBER

St. Henry's & St. Paul's SCHOOL LUNCH

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Students MUST TAKE ½ cup fruit or veggie + 2 other items to count as reimbursable meal.

MENUS SUBJECT TO CHANGE

1 Parmesan Garlic Chicken Bites
Steamed Carrots
Dinner Roll
Caesar Salad
Fruit
Milk

2 Beef Nachos
Salsa/Lettuce
Cucumbers
Fruit
Milk

3 Chicken Drumstick
Mashed Potato/Gravy
Dinner Roll
Broccoli Florets
Fruit
Milk

4 Turkey & Cheese Croissant
Tots
Lettuce, Tomato Slices
Snap Peas
Fruit
Milk

7 Grilled Chicken Sandwich
Tots
Coleslaw
Lettuce, Tomato Slices
Fruit
Milk

8 Mini Corn Dogs
Baked Beans
Carrot & Celery Sticks
Fruit
Milk

9 Lasagna Roll Up
Garlic Toast
Broccoli Florets
Fruit
Milk

10 Grilled Cheese
Tomato Soup
Romaine/Ranch
Red/Green Apples
Milk
****NATIONAL APPLE CRUNCH DAY****

11 Breakfast For Lunch
Hashbrown
Cherry Tomatoes
Fruit
Milk
(BB Waffle, Sausage Links)

14 Chicken Fajitas
Corn
Lettuce, Salsa
Carrots
Fruit
Milk

15 Spaghetti & Meat Sauce
Dinner Roll
Snap Peas/Ranch
Fruit
Milk

16 Hamburger On A Bun
Smile Potatoes
Lettuce/Tomato Slices
Fruit
Milk

17 NO SCHOOL

MEA BREAK

18 NO SCHOOL

MEA BREAK

21 BBQ Chicken Teriyaki
Over Rice
Oriental Vegetables
Broccoli Florets
Fruit
Milk

22 Taco In A Bag
Refried Beans
Lettuce, Salsa
Fruit
Milk

23 Cheese Pizza
Green Beans
Carrots/Ranch
Fruit
Milk

24 Chicken Gravy
Mashed Potatoes
Corn
Dinner Roll
Celery Sticks/Ranch
Fruit
Milk

25 Roast Beef N Cheddar
Curly Fries
Romaine Salad
Cherry Tomatoes
Fruit
Milk

28 Chicken Strips
Mixed Vegetables
Pretzel
Caesar Salad
Fruit
Milk

29 Cheeseburger On A Bun
Baked Beans
Broccoli/Cauliflower/Ranch
Fruit
Milk

30 Hot Turkey & Cheese Melt
Scalloped Potatoes
Romaine/Cherry Tomatoes
Fruit
Milk

31 Chicken Patty On A Bun
Smile Potatoes
Carrots
Fruit
Milk

Questions/concerns contact Krystal Boyd, FSD at kboyd@perham.k12.mn.us