

2025

OCTOBER

St. Henry's & St. Paul's Breakfast Menu



MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
Chocolate Skim & 1% Milk Offered Daily									
Students must take 3 of the 4-5 Components Offered, with one being a FRUIT To Be Considered Full Reimbursable Meal		MENUS SUBJECT TO CHANGE							
Questions or concerns please contact Krystal Boyd, FSD, at kboyd@perham.k12.mn.us									
6	Cold Cereal Cheez Its Fruit Juice Milk	7	Oatmeal Chocolate Chip Breakfast Bar Fruit Juice Milk	8	Cold Cereal String Cheese Fruit Juice Milk	9	Cinnamon Oatmeal Breakfast Round Fruit Juice Milk	10	Cold Cereal Goldfish Fruit Juice Milk
13	Cold Cereal Animal Cracker Fruit Juice Milk	14	Cream Cheese Bagel Bites Fruit Juice Milk	15	Strawberry Banana Smoothie Rockin Granola Fruit Juice Milk	16	NO SCHOOL MEA BREAK	17	NO SCHOOL MEA BREAK
20	NO SCHOOL TEACHER WORKSHOP	21	Cold Cereal Cinnamon Grahams Fruit Juice Milk	22	Mini French Toast Fruit Juice Milk	23	Cold Cereal Cheese Cubes Fruit Juice Milk	24	Caramel Clnni Mini Fruit Juice Milk
27	Cold Cereal Goldfish Fruit Juice Milk	28	Banana Oatmeal Chocolate Chip Bar Fruit Juice Milk	29	Cold Cereal Animal Cracker Fruit Juice Milk	30	Muffin Go Gurt Fruit Juice Milk	31	Blueberry Bagel Cream Cheese Fruit Juice Milk