

2026

# JANUARY

## MENUS SUBJECT TO CHANGE

### St. Henry's & St. Paul's Lunch Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Students MUST take ½ cup Fruit/Vegetable + 2 other food components to count as a FREE FULL REIMBURSABLE MEAL  Chocolate Skim, and 1% Offered Daily  Questions or concerns, please contact Krystal Boyd at kboyd@perham.k12.mn.us			<b>1</b>  NO SCHOOL  HAPPY NEW YEAR!	<b>2</b>  NO SCHOOL
<b>5</b> Hamburger On A Bun Tots Lettuce, Tomato Fruit Milk	<b>6</b> Stuffed Crust Pepperoni Pizza Green Beans Caesar Salad Cherry Tomatoes Fruit Milk	<b>7</b> Parmesan Garlic Chicken Bites Fries Dinner Roll Romaine Salad Fruit Milk	<b>8</b> Beef Nachos Salsa, Lettuce Cucumbers Fruit Milk	<b>9</b> Crispy Chicken Filet Sandwich Baked Beans Broccoli Florets Carrots/Ranch Fruit Milk
<b>12</b> BBQ Teriyaki Chicken Over Rice Oriental Vegetable Shredded Romaine/Ranch Snap Peas & Carrot Coins Fruit Milk	<b>13</b> Fish Sticks & Cottage Fries Coleslaw Romaine Salad Cherry Tomatoes Fruit Milk	<b>14</b> Spaghetti & Meat Sauce Garlic Toast Broccoli & Cauliflower Florets/Ranch Fruit Milk	<b>15</b> Chicken Strips Curly Fries Caesar Salad Carrot Sticks/Ranch Fruit Milk	<b>16</b> Corn Dog Baked Beans Coleslaw Fruit Milk
<b>19</b>  NO SCHOOL	<b>20</b> Cheeseburger Fries Broccoli Florets Cucumbers Fruit Milk	<b>21</b> Grilled Garlic Parmesan Chicken Wrap Shredded Romaine, Diced Tomatoes Fruit Milk	<b>22</b> Taco In A Bag Spanish Rice Salsa, Lettuce Fruit Milk	<b>23</b> Cheesy Garlic French Bread Caesar Salad Carrots & Celery Sticks Fruit Milk
<b>26</b> BBQ Chicken On A Bun Tots Coleslaw Broccoli Florets Fruit Milk	<b>27</b> Mac & Cheese Garlic Stick Baked Beans Carrot Sticks/Ranch Fruit Milk	<b>28</b> Chicken Patty On A Bun Smile Fries Green Beans Celery Sticks Fruit Milk	<b>29</b> Popcorn Chicken, Mashed Potatoes & Gravy Dinner Roll Side Salad/Grape Tomatoes Fruit Milk	<b>30</b> Pizza Crunchers Marinara Sauce Romaine Salad Carrots Fruit Milk